

Dear colleague:

SCAN ME



LGBTQ+ Youth Groups

Our youth groups enable young people to connect to the local LGBTQ+ community in York and North Yorkshire. They can join a supportive, welcoming, inclusive, safe space to make friends, share experiences and have fun. Meetings run every 2 weeks online and face to face. Contact Lilly via mobile **07855 171280** or email Lilly.Allenby@York.NHS.UK.

HIV Wellbeing Team

YorSexualHealth (YSH) runs a free and confidential support service for people living with HIV and their partners, family and carers in York and North Yorkshire. We can support you with:

- Self-management of your physical and mental health
- Assistance with benefits, getting back into work or education and other social issues
- Peer support and group support opportunities
- Symptoms management
- Training on HIV
- Awareness and Stigma reduction

See YorSexualHealth - HIV Support Referral Form for a referral form or email socialsupport@york.nhs.uk or call **01904 725423** for more info on available support.



Free and confidential services
across North Yorkshire and York

Please find below, a summary of the services we have on offer for residents of York and North Yorkshire. Please share with your colleagues in support of your patients and services users. Further information can be found on our website www.yorsexualhealth.org.uk

Counselling Service

YorSexualHealth provides a free counselling service for people living within York and North Yorkshire who wish to seek support around different aspects of sexual health. Our counsellors are experienced professionals, both in counselling and sexual health and are members of recognised professional associations with accredited counselling qualifications. See [YorSexualHealth - Self Referral Form](#) for a referral form or call **01904 725427** to speak to a counsellor.

Young Person's Sexual Health drop-in

We operate young person's drop-in clinics in York and North Yorkshire for people aged 17 and under. We also have a priority text number – **07973 775692** - for young people aged 18 years and under to make appointments.

Clinical staff team

We offer a range of sexually transmitted infection and contraception services across North Yorkshire and York. Appointments can be made at all our clinics by calling the booking line **01904 721111**.

HIV Services

HIV clinical care and treatment are delivered in three main sites including York, Harrogate and Scarborough. This service is supported by a nursing, medical, pharmacist, psychologist and support team.

SCOTT Team

The Sexual Health Clinical and Community Outreach Team provide the following services:

- Most aspects of sexual health clinical care outside of a clinical setting for at risk populations; for example: Men who have sex with men, survival sex workers, Trans people, homeless people, members of the LGBTQ+, Black African and Travelling Communities, people who misuse substances, young and/or vulnerable people, people with severe learning or physical disabilities.
- LGBTQ+ Training to professionals
- Outreach Events attendance e.g., Freshers Fairs, School Events, PRIDE
- 1:1 and MI for people engaged in risky sexual behaviours

For more information contact yhs-tr.SCOT@nhs.net or call **01904 724525**

Condom Distribution Service

[YorSexualHealth - Order condoms](#)

Free online Testing Service

[YorSexualHealth - Online booking and testing](#)

Training for professionals

For information about up-and-coming training events for staff who deliver sexual health services and advice within North Yorkshire and York see [YorSexualHealth - I would like to book sexual health training](#) and view presentations. The key topics will be sexual health awareness, STIs, sex and sexuality, working with vulnerable young people, LGBTQ+ awareness and sexual exploitation. We can offer a Sexual Health Champions presentation for you to deliver. We deliver clinical training including coil, implant and diploma training you would like to find out more details on this training, please email lauren.acaster@york.nhs.uk